

How long do I need to stay in COVID-19 Isolation or Quarantine?

NOTE: Fully vaccinated people without symptoms do not need to quarantine, but should still monitor for symptoms for 14 days following an exposure.

As per Clackamas County Public Health:

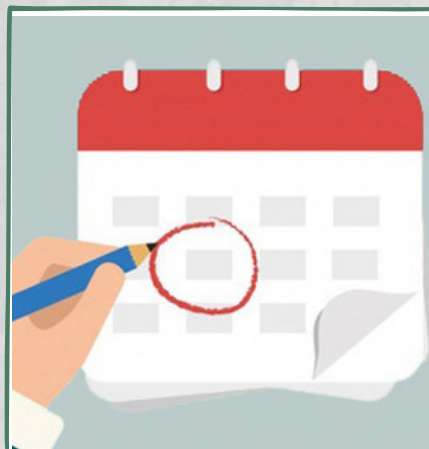


If you are sick & test positive:

Isolate: Stay home for 10 days and at least 24 hours with no fever and you feel better.

If you are sick & test negative:

Stay home for at least 24 hours with no fever or until your symptoms go away and you feel better.

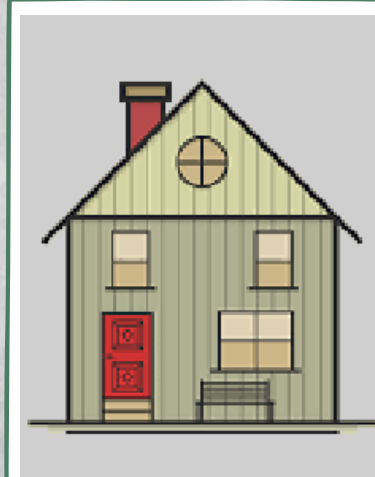


If you are not sick & test positive:

Isolate: Stay home for 10 days after getting tested.

If you are not sick but had close contact with someone who has COVID-19:

Quarantine: Stay home for 14 days since last contact.



If you live with someone who has COVID-19:

Quarantine: If you are not sick but live with someone who has COVID-19, stay home for the ill person's 10 day isolation + your 14 day quarantine = 24 days

