



Indoor Contact Sports Opt-In Form

Updated 2/16/2021

This form is to be used by a school located in a county designated as High Risk or Extreme Risk to notify of its intent to opt in to offer indoor contact sports for the 2020-21 school year in accordance with the Governor’s February 10, 2021 update to [Indoor Contact Sports Guidance](#). Once final, this form will be posted to a school or district website and a link to it will then be sent to ODE.

In Lower Risk and Moderate Risk counties, practices and games for outdoor contact sports, including high school football, can resume following health and safety guidance to be issued by the Oregon Health Authority.

In High Risk and Extreme Risk counties, where COVID-19 remains more widespread, schools and other sports organizations can opt-in to resuming outdoor full contact sports with additional protocols in place. In such counties, sports organizations must offer on-site responsive testing for symptomatic individuals and close contacts, contact information for contact tracing, and a waiver identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19. Schools in Extreme and High Risk counties must also have at least limited in-person instruction occurring, with the goal of achieving hybrid or full in-person instruction for students this school year. Schools must also be in compliance with state guidance for COVID-19 testing.

Please fill out the following information for your school, district or program:

Information Needed	Your Response
Name of School, District or Program	Sandy High School, Oregon Trail School District
Key Contact Person for this Plan	Garet Luebbert – SHS Athletic Director
Phone Number of this Person	503-668-8011 x7114
Email Address of this person	Garet.luebbert@ortrail.k12.or.us
Specify Indoor Contact Sports Included in this Plan	Cheer, Wrestling, Basketball
Intended Starting Date for this Plan	4/26/21

School Instructional Model

OHA Requirements

- The school must Offer, at a minimum, Comprehensive Distance Learning *with* Limited In-Person Instruction (LIPI), with the goal of implementing Hybrid or full On-Site Instructional Models for students before the end of the 2020-21 school year.
- Detail your school's current instructional model and note the date it began.

Plan Details for School Instructional Model

Please enter the details of your plan that correspond to the requirements listed above:

- Currently CDL
- LIPI offered K-12.
 - Started 1/11/21.
- Hybrid plan – In person two days a week.
 - If there is no transmission or limited school-based transmission begin next phase.
 - Start dates -
 - K-1, 2/18/21
 - 2-3, 2/25/21
 - 4-5, 3/4/21
 - 6-8, 3/11/21
 - 9-12, 3/29/21

On-Site Testing for Symptomatic Individuals and Close Contacts

OHA Requirements

- The school must offer on-site responsive testing for symptomatic individuals and those with known exposures to individuals with COVID-19. This applies to athletes and support staff and volunteers. Schools must also be in compliance with state guidance for COVID-19 testing.
- Detail your school's specific plans to meet this requirement.
- Please review [COVID-19 Testing in Oregon's K-12 Schools](#) for additional information.

Plan Details for On-Site Testing for Symptomatic Individuals and Close Contacts

Please enter the details of your plan that correspond to the requirements listed above:

- On-site test kits have been ordered and are expected no later than March 1st. We also offer testing at our school based health center on campus for part of the day.
- Athletic trainer, athletic director, and head coaches are trained to administer and record tests as needed.

Contact Information for Contact Tracing

OHA Requirements

- The school must commit to collecting contact information for the purpose of contact tracing for each participant, coach, official, staff member, spectator, etc. for each outdoor contact sports practice and contest.
- Detail your school’s specific plans to meet this requirement.
- Sample contact tracing forms:
 - [COVID Monitoring Form: Excel](#)
 - [COVID Monitoring Form: PDF](#)

Plan Details for Contact Information for Contact Tracing

Please enter the details of your plan that correspond to the requirements listed above:

- We have prepared a “google form” document that is filled out for each person that enters the facility (QR codes may be provided). All entrances to the facility will be monitored.
 - Questions on the google form –
 - Name?
 - Phone number?
 - Event attending?
 - Have you tested positive or been diagnosed with COVID-19 in the past 14 days?
 - Has anyone in your household tested positive or been diagnosed with COVID-19 in the past 14 days?
 - Have you been in close contact with someone who has been diagnosed with or tested positive for COVID-19? (Within 6 feet for a combined 15 minutes or longer, regardless of mask use)
 - Have you had any of the following symptoms?
 - Fever, shortness of breath, new persistent cough, loss of taste or smell, vomiting, diarrhea, unexplained rash or sores, unexplained behavior change
- The google form will keep track of all that attend the contest/practice that day. We can use this information for contact tracing.
- We will also collect rosters with all players/coaches/admins that are attending the contest.

Student-Athlete Waiver

OHA Requirements

- The school must have a waiver completed for each student-athlete prior to outdoor contact sports participation identifying health and safety risks and a commitment to isolation and quarantine if exposed to COVID-19.
- Waivers must be kept on file at the school. Detail your school’s specific plans to meet this requirement.
- [Sample Student Waiver Form](#)

Plan Details for Student-Athlete Waiver

Please enter the details of your plan that correspond to the requirements listed above:

- [SHS Return to Play Waiver of Liability \(COVID-19\).pdf](#)
- All students are required to complete this waiver when registering for athletics. Registration is completed online through familyID.com, records are saved automatically.